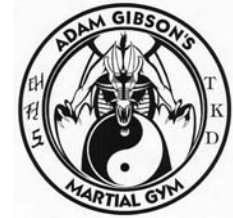




TRUE WARRIOR MARTIAL ARTS

285 LAKE RD, BOWMANVILLE, ONT. (905) 697-9998
 2008 MASTER-CLASS SCHEDULE



| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|--|
| | Little Samurais (Ages 4-6 Yrs.) *5:30PM to 6:00PM | | Little Samurais (Ages 4-6 Yrs.) *5:30PM to 6:00PM | | | Kids-JIU JITSU (Ages 7-12 Yrs) All Belts *1:00 - 2 PM |
| | Kids Beginner-TAEKWONDO (Ages 7-12 Yrs) White & Yellow Stripe *6:00- 6:30 PM | | Kids Beginner-TAEKWONDO (Ages 7-12 Yrs) White & Yellow Stripe *6:00- 6:30 PM | | Kids Beginner-TAEKWONDO (Ages 7-12 Yrs) White & Yellow Stripe *6:00- 6:30 PM | Kids and Adults SPARRING-TAEKWONDO All Belts *1:00 - 2 PM |
| | Kids-Intermediate-TAEKWONDO (Yellow & Orange Belts) *6:30-7:00PM | | Kids-Intermediate-TAEKWONDO (Yellow & Orange Belts) *6:30-7:00PM | | Kids-Intermediate-TAEKWONDO (Yellow & Orange Belts) *6:30-7:00PM | Kids Advanced-TAEKWONDO Ages 7-12 Yrs (Yellow to Black Belt) *2:00 PM-3:00PM |
| | Advanced Kids-TAEKWONDO (Blue to Black Belt) *7:00-7:30 PM | Kids-JIU JITSU (Ages 7-12 Yrs) All Belts *7:00PM to 8:00PM | Advanced Kids-TAEKWONDO (Blue to Black Belt) *7:00-7:30 PM | Kids-JIU JITSU (Ages 7-12 Yrs) All Belts *7:00PM to 8:00PM | Advanced Kids-TAEKWONDO (Blue to Black Belt) *7:00-7:30 PM | Adults-JIU JITSU & MMA *2:00 - 3:30 PM |
| | Adults-TAEKWONDO *7:30 - 9:00 PM MMA-Adults *8:00 to 9:30PM | Adults-JIU JITSU All Ranks *8:00 - 9:30 PM | Adults-TAEKWONDO *7:30 - 9:00 PM MMA-Adults *8:00 to 9:30PM | Adults-JIU JITSU All Ranks *8:00 - 9:30 PM | Adults-TAEKWONDO *7:30 - 9:00 PM | |